

MENS

1st Overall: Sebastian Hoenig (Lordshill Road Runners) – 33.50

2nd Overall: Matthew King – 34.38

3rd Overall: Marcus Widdess – 35:00

1st Senior: Marcus Widdess – 35.00

1st V40: Sebastian Hoenig (Lordshill Road Runners) – 33.50

1st V50: Alan Graham (Lordshill Road Runners) – 38.56

1st V60: Graham Rafferty (Lordshill Road Runners) – 41.39

1st U15/16 Male: Samuel Brooks – 40:11

1st U17/18 Male: Isaac Andrews (Hedge End RC) – 37.22

Overall Male Junior Winner: Isaac Andrews (Hedge End RC) – 37.22

Fun Run 1 Mile Winner: Harry Bowler - 8:09

Fun Run 2 Mile Winner: Ollie Evans - 14:29

Fun Run 3 Mile Winner: Cameron MacBrayne - 20:15

WOMENS

1st Overall: Tamsin Simmonds (Winchester and District AC) – 38.22

2nd Overall: Kathy Bailey (Winchester and District AC) – 39.29

3rd Overall: Emily Trumpelmann (Lordshill Road Runners) – 39.41

1st Senior: Emily Trumpelmann (Lordshill Road Runners) – 39.41

1st V40: Tamsin Simmonds (Winchester and District AC) – 38.22

1st V50: Kathy Bailey (Winchester and District AC) – 39.29

1st V60: Jenny Shilling (Gosport Road Runners) – 51.36

1st U15/16 Female: Heather Chester – 73.18

1st U17/18 Female: Paloma Hill – 65:29

Overall Female Junior Winner: Paloma Hill – 65.29

Fun Run 1 Mile Winner: Fern Whalley - 8.47

Fun Run 2 Mile Winner: Amelie Stevenson 14:53

CLUB

1st Men's Team (Four to count): Lordshill Road Runners

Sebastian Hoenig (1), Ben Pitman (4), James Fanning (10), Rob Agar (23)

1st Ladies Team (Three to count): Lordshill Road Runners

Emily Trumpelmann (3), Kirsty Wood (4), Rachel Phelps (8)

TEAM

1st Non-UKA Team (Mixed - Four to count): On The Run for Cystic Fibrosis

Hayley Gibbens (306) Jon Gibbens (307), Jacob Palmer (341), Miles Hewitt (433)

LOCAL HERO

St Thomas's Church